# Before you collaborate

### A little bit of preparation goes a long way with this session. Here’s what you need to do to get going.

#### 10 minutes

**1**

# Brainstorm

### Write down any ideas that come to mind that address your problem statement.

#### 10 minutes

**2**

# Group ideas

### Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you and break it up into smaller sub-groups.

#### 20 minutes

**3**

# Prioritize

### Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

**20 minutes**

**Fadal Razin Fauwaaz Ashal**

**Define your problem statement**

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

Nutrition analysis is process to identify the nutrition in the food.

In this system we are going to recommend good food

Choose high calorie and high protein foods

Plan meals to include your favourite foods

Healthy nutrition contributes to preventing diet related diseases

The nutrilized application collection input data on the food behavior of the users and on the interaction with a different screens

Identify the ingredients in the food and its nutrition

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Choose high calorie and high protein foods

Plan meals to include your favourite foods

Recording the quality of food items we compared three different

nutritional database

**Hyder Ali Basheer Ahmed**

The diet tracking

of each user is done using a search interface

The food item to receive some more detail information on a foods nutrition and choose a custom portion size to add to the diary.

There will be a dashboard for sharing health tips

**PROBLEM**

A variety of medical problems can affect appetite. Your illness medicines or surgery can cause these problem.to suggest healthy foods and identify the increditents and nutritions in their food.

Nutrilized generates new recommendation for each and everyday

Recording the quality of food items we compared three different nutritional database

Nutritional database recording tne accurancy and variety of nutritional information

If the user have any medical issue suggest based upon that

Identify the ingredients in the food and its nutrition.

Suggests food items based upon their diet.

Healthy nutrition contributes to preventing non-communicable diseases.

Healthy nutrition contributes to preventing diet related diseases

There will be a dashboard for sharing health tips

The food item to receive some more detail information on a foods nutrition

and choose a custom portion size to add

to the diary.

Nutritional database recording tne accurancy and variety of nutritional information

Notifying harmful ingredients in the food

If the user have any medical issue suggest based upon that

## Importance

User Can Analyse Healthy Nutrition Contributes To Preventing Diet Related Diseases.

The Recommendations Features Shows a List Of Recommended Recipes Split By Meal Type To The User.

User Can Analyse Healthy Nutrition Contributes To Preventing Diet Related Diseases.

In Search Interface User Select One Of His/Her Fecent Or Favourite Items

Notifying harmful ingredients in the food

User can analyse healthy nutrition contributes to preventing diet related diseases

There will be a dashboard for sharing health tips

The Food Item To Receive Some More Detail Information On a Foods Nutrition And Choose a Custom Portion Size To Add To The Diary

The User Can Either

Perform a Free Text Search Select The Food Item From a Tree Structure

The Diet Tracking Of Each User Is Done Using a Search Interface

Providing motivational quotes to the user

Suggesting recipes according to the diet plan

First, gathering all information about the health condition of the user

Providing motivational quotes to the user

Healthy nutrition contributes to preventing diet related diseases

If each of these tasks could get done without any difficulty or cost, which would have the most positive impact?

Suggesting recipes according to the diet plan

In this system we are going to recommend good food

In search interface,

user select one of his/her recent Or favourite items

## Key rules of brainstorming

Nutrition analysis is process to identify the nutrition in the food

The recommendations features shows a list of recommended recipes split by meal type to the user

First, gathering all information about the health condition of the user.

Nutrilized generates new recommendation for each and everyday

To run an smooth and productive session

Suggests food items based upon their Diet

The user can either perform a free text search select the food item from a tree structure

Stay in topic. Defer judgment.

Encourage wild ideas. Listen to others.

Go for volume. If possible, be visual.



User can analyze healthy nutrition contributes to preventing diet related diseases

## Feasibility

Regardless of their importance, which tasks are more feasible than others? (Cost, time, effort, complexity, etc.)